

can request one on [padi.com/ceq/student/ceq-paper.htm](http://padi.com/ceq/student/ceq-paper.htm).

## Your Limits as an Open Water Diver

Throughout this course, you've learned about the limits recommended for you as a newly certified PADI Open Water Diver. Let's summarize some of them. You were trained to a maximum depth of 18 metres/60 feet (or the actual depth you reached, if shallower). With additional experience and training beyond the Open Water Diver course, the maximum depth for recreational diving is 40 metres/130 feet.

You're were also trained to dive in conditions as good as, or better than, those in which you trained, within the no stop limits of your dive computer or tables. You can enroll and participate in the PADI Advanced Open Water Diver course, Discover Local Diving program and many (but not all) PADI Specialty Diver courses to increase your skills and experience. Ultimately, it is your responsibility to set your limits for each dive based upon your assessment of your skills, comfort level and the dive conditions.