

Application 1: Pool Skills

- ☐ Pass watersmanship evaluations:
 - Tread 15 minutes swimsuit only, hands out of water final 3 minutes
 - Breath-hold swim 50 yards with only mask, fins, and snorkel
 - Swim 800 yards in confined water with only mask, fins, and snorkel
 - Swim 400 yards wearing scuba gear while breathing on snorkel
- ☐ Demonstrate comfort and proficiency in OWD snorkel and scuba diving skills

Application 2: Rescue Skills

- ☐ Demonstrate proficiency in diver-level rescue skills
- ☐ Develop leader-quality rescue skills and search techniques

Application 3a: Open Water Checkout Dive Observation

- ☐ Observe pre-dive briefing, gear-up, and buddy checks
 - Site description
 - Entry and exit
 - Dive plan
 - Buddy assignments
 - Hand signals
 - Emergency procedures
 - Gear-up
 - Buddy team checks
- ☐ Observe how the instructor watches for and deals with stress in students
- ☐ Observe how the instructor conducts dives and controls divers
- ☐ Observe how an assistant interacts with and helps the instructor

Application 3b: Dive Site Mapping and Mock Briefing

- ☐ Draw a Map of the Dive Site after exploring it, including:
 - Depths (contours and/or points)
 - Entry and exit strategies
 - Significant landmarks above and below water
 - Aquatic life typically encountered at the site
 - Areas of special caution (currents, caverns, etc.)
 - Viable dive plans based on site (surface swims, time limits, etc.)
- ☐ Conduct a mock dive briefing using your map

Application 4: Night & Limited Visibility Course Dive Observation

- ☐ Observe how an instructor plans, briefs, and conducts night or limited visibility training dives
- ☐ Observe control and supervision techniques used by the instructor to ensure safety

Application 5: Deep Diving Course Dive Observation

- ☐ Observe how an instructor plans, briefs, and conducts deep diver training dives
- ☐ Observe what control and supervision techniques the instructor uses to ensure safety

Application 6: Dive Leader Presentation

- ☐ Conduct a Night/Limited Visibility or Deep dive for previously certified divers
- ☐ Demonstrate leader-quality organization, time management, and group control skills
- ☐ Deliver comprehensive pre-dive briefing and oversee pre-dive buddy checks
- ☐ Maintain control and safety at all times
- ☐ Provide useful post-dive feedback and evaluations (debrief) to divers